

## PRACTICAL TRAINING AT MENCAFEP

Over the last 20 years, the idea of using MENCAFEP as a practical training resource continues to be developed. With the organisation now offering a regular hands-on training course. This course takes place at the MENCAFEP Headquarters in Nuwara Eliya.

This realistic training course is seen as one of the best in South Asia. For practitioners and other interested people, wishing to learn in a useful way, that is to say, learning by doing. About working with disabled children and their families in the community, especially the child with Learning Disabilities.

The training course, as has been mentioned will be mainly practical, however theory input is also an important component of the course. The people joining this hands-on training course will be expected to become part of the MENCAFEP family, for the duration of the course. With them experiencing all the facets that MENCAFEP has to offer in its programme. This will include integrated pre-school methods; work with the multiple disabled, formal and informal educational techniques (including methods for the hearing impaired and blind/partially sighted), social skills and employment opportunities for young people and adults. With experience given to working with families, in their own homes and environments.

Notebooks and writing materials will be provided on the first day meeting with the management. MENCAFEP has a Resource Centre with computers, library and research materials that can be used and accessed by people attending the training course, photocopies of material are available, and a charge is made for this service.

The training is residential and trainees stay at the project. MENCAFEP has Respite Care cottages, that it utilises for training purposes, these cottages have attached bathroom and toilet, with hot water, these cottages can accommodate a maximum of 6 people, at any one time. Male and female participants are in separate cottages. MENCAFEP will provide accommodation, three meals (breakfast, lunch and dinner), plus morning and afternoon tea. As our training accommodation is in the same compound as our Family Group Home, which cares for abandoned children, therefore if male participants would like to take part in the training we will have to discuss alternative accommodation for them. In keeping with the MENCAFEP family ethic, people are expected to do their own cleaning and washing, along with everyday household tasks that go to maintaining their living and eating spaces clean.

The Sri Lankan Government has and still does on a regular basis, send teachers and carers working with disabled children or planning to work with the disabled on this no-nonsense training. Over the last 20 years projects funded by Tdh-Netherlands and Tdh-Lausanne- Switzerland has sent trainees; trainees have also travelled from the UK and Australia to attend one month training courses; programmes in Pakistan and University's in Sri Lanka, India and the Netherlands have sent students, plus many NGO's in Sri Lanka.

This course is not only a quality experience, for those taking part in the training and the MENCAFEP project as a whole, through the training's philosophy of sharing and giving ideas with new ways of working. It also spreads the message that disabled children and their families have the right to live in and be part of their own community, with dignity.

The training can be devised for organisations and individuals wishing to look at a holistic training course, or specialist training, along with what the needs of persons and organisations are. The duration of the training can be for one or two weeks, one month or three to six months. Along with the training MENCAFEP also offers on-the-job visits, with advice and supervision for organisations and individuals that have completed a training course.

## **MENCAFEP TRAINING CURRICULUM:**

1. Introduction of MENCAFEP
2. Disability.
  - 2.1 Introduction of disability.
  - 2.2 Causes of disability.
  - 2.3 Early identification.
3. Class Observation.
  - 3.1 Work with groups.
4. Speech therapy.
  - 4.1 Auditory Training.
  - 4.2 Sign Language.
5. Therapy.
  - 5.1 Physiotherapy.
  - 5.2 Music Therapy.
  - 5.3 Dance Therapy.
  - 5.4 Diet Therapy.
6. Introduction to the Inclusive Pre School.
  - 6.1 Hand work and methods used.
7. Home visit and Outreach Programme.
  - 7.1 Home Visits.
  - 7.2 Satellite Centres.
  - 7.3 Special Seating Unit.
  - 7.3 Transport and communications.
8. Report Writing.
  - 8.1 Daily Planning.
  - 8.2 Yearly Planning.
  - 8.4 Daily Report.
  - 8.3 Term Report.
  - 8.5 Assessment method.
9. Evaluation.

**BUDGET/COSTS FOR PRACTICAL TRAINING COURSE.**

*Accommodation costs, food, electricity etc., per person, per week =	<b>On Request.</b>
*Consultation and supervision charges, work materials per person, per week =	<b>On Request.</b>
*Travel around working area, photocopies of educational material per person, per week =	<b>On Request.</b>
<b>*Total cost for each person, per week =</b>	<b>On Request.</b>

**BUDGET/COSTS FOR FOLLOW UP, ON-THE-JOB VISITS, WITH ADVICE AND SUPERVISION.**

*Travel to sites =	<b>On Request.</b>
*Accommodation, food, for one person a day =	<b>On Request.</b>
*Travel around working area per day =	<b>On Request.</b>
*Consultation and Supervision for one person a day =	<b>On Request.</b>

**\* Due to the prevailing economic situation budget and costs are continually under review.**